



## 4-H LEADERSHIP



Image: 2019-2020 State Teen Council



Image: 2019-2020 International Students and Families

### Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

#### Communication

- Exercise your written and oral communication skills by participating in the interview and resume contest.
- Write an article for your local newspaper highlighting your experience at a 4-H leadership event.

#### Citizenship

- Host an international exchange student through the Kentucky 4-H International Program.
- Become a mentor for a younger 4-H member.

#### Leadership

- Campaign and run for a club, district or state officer position.
- Apply for State Teen Council to represent your county.
- Share your skills by presenting at a leadership conference or event.

4-H is a community of young people who are learning leadership citizenship and life skills.

### Are you Into It?

**Rachel E. Noble, Ed.D.**

Extension Specialist for 4-H Youth Development

Participate in a 4-H leadership project!

- Projects and activities related to leadership are offered at every level of a 4-Hers experience.
- Attend a leadership conference or event!
- Host an international exchange student!
- Identify your personal leadership style and apply your skills through 4-H!

### Here's what you can do all year!

**Starting Out**  
Basic/Level 1

**Learning More**  
Intermediate/Level 2

**Expanding Horizons**  
Advanced/Level 3

#### Individual Leadership

At the basic level of 4-H Leadership projects youth start developing and exploring:

- individual strengths
- personal sense of leadership
- what makes an impactful leader
- what qualities do they want to possess as a leader
- goals of future leadership involvement

#### Group Leadership

At the intermediate level of 4-H Leadership projects youth take their skills to the next level by:

- applying skillsets developed in the basic level of leadership
- assuming leadership opportunities in their clubs and community
- searching out a mentor with like ideals and goals
- serving as a leader in their local community

#### Community Leadership

The advanced level of 4-H Leadership projects take youth to the highest level of leadership engagement through:

- serving in a leadership position on the district or state level
- mentoring younger 4-H members
- identifying community needs and developing ways to address those needs

Learn more at [www.kentucky4h.org](http://www.kentucky4h.org) or contact your county extension office.



# Take 4-H Leadership Further!

Here are some other opportunities to explore leadership:

- Campaign and run for an officer position in your local 4-H clubs
- Serve on State Teen Council as a District Representative, State-Wide Representative or At-Large Representative
- Apply for the 4-H Achievement Program
- Set the goal of becoming a Kentucky 4-H Officer
- Join fellow leaders at 4-H Leadership Boot Camp
- Apply for the Leadership Skills into Action Goodman Grant
- Attend 4-H Teen Conference, 4-H Summit, Southern Region Teen Leadership Conference or 4-H Issues Conference
- Become engaged in National 4-H through Citizenship Washington Focus or the National 4-H Summit Series
- Participate in the Kentucky 4-H International Service-Learning Program

For additional information visit the 4-H Leadership website at:

<https://4-h.ca.uky.edu/leadership>




## Exhibit Ideas

- Create a record showcasing a community service project you completed, enter it in the County Fair.
- Follow Kentucky 4-H on social media and sign-up to showcase your club or community through the Instagram Takeover!
- Research careers and find a mentor in that field, ask them to help you develop a plan to reach your goals.
- Develop a leadership workshop and ask your County 4-H Agent to help you recruit younger 4-H members to share your skills with.
- Ask your County 4-H Agent if you can speak at a 4-H Council or County Extension Council meeting about your 4-H experience.



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

 4-H Youth Development

## Resources

### 4-H Resources

- Unlock Your Leadership Potential
- Teambuilding with Teens
- 4-H Backpack to Adventure: Youth Leaders in a Global World
- WeConnect: A Global Youth Citizenship Curriculum
- Empowering Students to Improve the World in Sixty Lessons. Version 1.0
- My Leadership Workbook (Level 1)
- My Leadership Journal (Level 2)
- My Leadership Portfolio (Level 3)
- Leadership Mentor Guide 1: K-5
- Leadership Mentor Guide 2: 6-12
- **For Parents:** Middle School Makeover: Improving the Way You and Your Child Experience the Middle School Years