

KENTUCKY 4-H PROJECT OVERVIEW

4-H HORSE PROJECT



Image: KY 4-H Horse Program

Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

Are you Into It?

Dr. Fernanda Camargo, DVM, Ph.D.
Equine Extension Professor

Participate in the 4-H Youth Horse Program!

- Experience the pride of working with a horse, pony or mule and being responsible for its management and welfare.
- Develop an appreciation for horseback riding as a healthy and wholesome form of recreation.
- Gain an understanding of the business of breeding, raising and training horses, ponies and/or mules.

Here's what you can do all year!

Starting Out Basic/Level 1

- Learn about nutrition, feeding, health, and daily care.
- Identify breeds.
- Select, care for, and train your animal.
- Learn horsemanship skills.

Learning More Intermediate/Level 2

- Research common parasites and treatment.
- Participate in horse judging.
- Prepare and give oral reasons.
- Demonstrate how to properly groom an animal for show.
- Learn how to properly use, store, and administer medications.
- Demonstrate proper food safety procedures.

Expanding Horizons Advanced/Level 3

- Learn about equine reproduction.
- Research the clinical signs and treatment of equine diseases.
- Calculate feed rations.
- Research different housing systems.
- Develop questions and hold a quiz bowl.

Communication

- Write a newspaper article on how to properly care for a horse.
- Demonstrate how to safely mount and dismount a horse.

Citizenship

- Organize and lead a lesson for a Cloverbud Club on how to safely approach and handle a horse.
- Volunteer to assist at a local horse show or event.

Leadership

- Teach a class on how to properly saddle a horse.
- Mentor a younger 4-Her on how to prepare and give oral reasons.

4-H is a community of young people who are learning **leadership** **citizenship** and **life skills**.

Learn more at www.kentucky4h.org or contact your county extension office.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



Take Horse Further!

Explore Horse

- Give a 4-H speech or demonstration on how to properly care for a horse.
- Participate in a county, district or state horse show.
- Tour a local horse farm.
- Enter a craft in the State 4-H Horse Crafts Contest.
- Job shadow an equine veterinarian or farrier.
- Participate in the State 4-H Horse Judging Contest.
- Schedule a visit with the University of Kentucky College of Agriculture, Food, and Environment. Website: <http://www.ca.uky.edu/>

Events

- State 4-H Horse Judging Contest
- Hippology
- Horse Bowl
- Individual Presentation
- Team Presentation
- Public Speaking
- Arts and Crafts
- Photography
- District Horse Shows
- District Horse Camps
- State Horse Show

For additional information visit the 4-H Horse Website at <http://afs.ca.uky.edu/4h-youth/horse>.

Resources

| 4-H Resources | Record Keeping |
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| <ul style="list-style-type: none"> • Horse Academy Levels 1, 2, 3, 4, and 5 • Horse Safety Guidelines • Kentucky Livestock and Horse Volunteer Certification Manual • Kentucky Livestock Kit | <ul style="list-style-type: none"> • 4-H Horse Project Record Book |

Exhibit Ideas

- Create a poster showing the costs associated with purchasing and caring for a horse.
- Develop a video demonstrating how to properly groom a horse.
- Prepare an exhibit showcasing the various equipment needed to care for a horse.
- Create a poster showing the body parts of a horse.
- Develop a display featuring breeds of horses commonly seen in Kentucky.
- Prepare an exhibit featuring different career opportunities in the equine industry.
- Create a poster that includes important equine terminology.

