

THIRD EDITION

1940

Guide Posts

for Local

4-H Leaders



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SUGGESTED GOALS FOR MEMBERS OF A LIVESTOCK PROJECT GROUP:

1. Attend all the meetings of the club.
2. Learn the 4-H pledge and motto.
3. Own your animals.
4. Have a special place for them.
5. Learn good feeding methods.
6. Learn to train and fit animals for 4-H exhibit.
7. Find important points in judging.
8. Take part in judging or demonstration team.
9. Exhibit animals at 4-H Fair.
10. Submit a report of year's work.
11. Plan ahead—set a goal for future livestock work.

A 4-H boy learning to be a happy and successful livestock man.



SUGGESTED GOALS FOR A 4-H CLUB

1. There will be at least 12 meetings during the year.
2. Each member will take part in not less than 3 programs.
3. Each member will do something to beautify his own home.
4. A record shall be kept for each project and checked at least twice a year.
5. A health record shall be kept by all members and a health program emphasized by the club.
6. Each club member must complete his record book, write a story, and make an exhibit at some local, county, or state event before being designated as an achievement member or given an achievement pin.
7. Every club member shall participate in at least one club event with a demonstration team, a judging team, a singing group, band or orchestra, a drama group, or an athletic contest.
8. The club will hold the following special events:
 - A club picnic - - - - - Date.....
 - A nature hike - - - - - Date.....
 - Visit a neighbor club - - - - - Date.....
 - A local tour - - - - - Date.....
 - A health contest - - - - - Date.....
 - An Achievement Day - - - - - Date.....

(Dates assigned are only tentative and subject to later approval.)
9. Our club will cooperate with the County Extension Service and participate in all county 4-H events.

YEARLY PROGRAMS FOR 4-H CLUBS

(Kansas, Minnesota and New Mexico)

“Plan your work, and work your plan.”

A yearly program or plan of work for each 4-H Club is essential if it is to attain its highest degree of success with a minimum amount of effort. The yearly program has proved so essential and so successful wherever used that it is now included as one of the requirements governing the awarding of charters and seals. Leaders will find the problem of 4-H Club leadership much sim-

ation. Demonstrations should show actual club practices. The team must make the hearer feel that this condition exists at home.

TWENTY IMPORTANT POINTS OF GOOD 4-H DEMONSTRATIONS

1. Make it simple, practical, and complete.
2. Demonstrate only one subject. Emphasize few rather than many points.
3. Know subject material. (Do not memorize; do not lecture.)
4. Each member of the team should have a talking and helping part. Strive for teamwork.
5. Co-ordinate the action with the explanation.
6. Charts, if used, should be easily seen, displayed one at a time and only when being used.
7. Use only the latest approved practices.
8. Be thoroughly interested in topic.
9. Be courteous, cheerful, and enthusiastic.
10. Stand erect; look the audience squarely in the eyes.
11. Conduct all steps in demonstration in plain view.
12. Be neat in all your work.
13. Speak distinctly and loudly enough to be heard by entire audience.
14. Use simple, but good, language.
15. Use personal experiences when possible. Avoid giving advice.
16. Give enough subject matter to explain each step in the demonstration.
17. Summarize main points.
18. Encourage audience to ask questions after you have finished demonstrations.
19. Answer questions completely and courteously.
20. Unity, simplicity, practicability, and activity—the 4 Y's of 4-H demonstration.

THE EXHIBIT IN 4-H CLUB WORK

(Nebraska, Missouri, Illinois, Kentucky, Alabama and Vermont)

“For when the one Great Scorer comes
To write against your name,
He writes not if you won or lost,
But how you played the game.”

One of the goals of a standard club and the requirements of an Achievement 4-H Club is that the members make an exhibit. Achievement Days and Community, County or State Fairs offer opportunity for meeting these goals.

In making the exhibit, the club members cooperate to achieve a common purpose, develop resourcefulness through meeting actual life situations, and take a well-earned pride in their own achievements. Also, as a result, the people of the community learn at first hand more about 4-H Club work. Every 4-H Club should include exhibits in its program.

Scope and Relative Importance of Exhibits

The club exhibit should be made an important part of the local club achievement program. Every member of the club should make an entry. Also, if possible, every member should be given recognition for making an exhibit of quality.

Only products should be exhibited by the club members which they have produced, made, or acquired through 4-H Club work.

The best of the products exhibited locally should be selected at the close of the exhibit for entry at the County or State Fair, according to the exhibit requirements set up for these larger activities, which may be on an individual club group, community, county, or on a farm and home problem basis.

Because the local exhibit is made by all the club members and usually is seen by the people of the community, it is undoubtedly the most important of the series of club exhibits on which the members may take part during the year. However, higher standards will be developed in the county, state, inter-state, and national exhibits.

Premiums

Information regarding entries of products should be studied thoroughly. If there are questions, the leader should get in touch with the County Extension Agents, or the officials of the fair in which they intend to enter products.

Premiums are used as an inducement to bring out good entries. Unless the investment in the exhibit is large or the expense is heavy, it should not be necessary to offer large premiums.

by state teams of three members each, and in team demonstration contests in the production of dairy animals and dairy products, and the use and consumption of dairy products for teams of two members each.

Besides the judging and demonstration contests, many other features in the form of sight-seeing and other plans are conducted for 4-H members and leaders.

THE SYMBOLS OF 4-H CLUB WORK

(Idaho, New Hampshire, Arizona, Utah, Tennessee, Florida, Louisiana, Delaware and California)

The following symbols of 4-H Club work by which 4-H Club work has become known and recognized in all the states of the Union, exemplify the "spirit" or idealism of 4-H work. Every club member and leader should be thoroughly familiar with them.

The 4-H's

The 4-H's in club work stand for HEAD, HEART, HANDS and HEALTH. They represent the four-fold training and development which club members undergo. Their interpretation is clearly given in the following Creed:

The Creed

"I believe in Boys' and Girls' 4-H Club Work for the opportunity it gives me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to THINK, PLAN and REASON.

I believe in the training of my HEART for the nobleness it will give me to be kind, sympathetic and true.

I believe in the training of my HANDS for the ability it will give me to be HELPFUL, SKILLFUL and USEFUL.

I believe in the training of my HEALTH for the strength it will give me to ENJOY LIFE, RESIST DISEASE and MAKE FOR EFFICIENCY.

I believe in the United States of America, and in my responsibility for their development.

I am, therefore, willing to devote my efforts for the fulfillment of these things which I believe."

The Emblem

The National 4-H emblem is a four-leaf clover with the letter "H" on each leaf. The H's stand for Head, Heart, Hands, and Health. The four-leaf clover signifies "Good Luck" and "Achievement." The emblem is protected by a copyright held by the United States Department of Agriculture.

The Pledge

Every club member and leader should know and be able to repeat at any time the following National 4-H Club Pledge:

"I pledge

my head to clearer thinking,

my heart to greater loyalty,

my hands to larger service, and

my health to better living,

for my club, my community and my country."

In repeating the pledge, raise right hand to side of head when speaking line No. 1; lower right hand over left breast when speaking line No. 2; extend hands, palms upward, when speaking line No. 3; and stand at attention when speaking line No. 4. (The above pledge was officially adopted by the State Club Leaders in conference assembled at Washington, D. C., June 17, 1927.)

It is very appropriate to begin or end 4-H Club meetings and events with the pledge.

The National 4-H Club Motto

The 4-H motto, "To Make the Best Better," should be the aim of every club member and leader.

Colors (Green and White)

The white background of the 4-H flag symbolizes purity, and the green 4-H emblem is nature's most common color in the great out-of-doors, and is emblematic of springtime, life, and youth.

Flag Salute

"I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands; one Nation indivisible, with liberty and justice for all."

Slogans for Every Club Member

The following are suggested slogans:

- "To win without bragging, and to lose without squealing."
- "Learn to do by doing."
- "Plan the work—work the plan."
- "To beat my own best record."
- "To be true at all times to the 4-H pledge."
- "To be a good cooperator in all worthy undertakings."
- "To be a willing follower or a worthy leader in my turn."
- "To be your own best exhibit."

Country Boys' Creed

"I believe the country, which God has made, is more beautiful than the city, which man made; that life out-of-doors and in touch with the earth is the natural life of man. I believe that work is work wherever I find it, but that work with nature is more inspiring than work with the most intricate machinery. I believe that the dignity of labor depends, not on what you do, but on how you do it; that my success depends, not on my location, but on myself; not upon my dreams, but upon what I actually do; not upon my luck, but upon my pluck. I believe in working when you work, playing when you play, and in giving and demanding a square deal in every act of life."

4-H Club Uniform

The official 4-H Club uniform for boys includes white duck trousers and white broadcloth shirt, black four-in-hand tie, and black shoes; the green and white 4-H chevron to be worn on the left side of the shirt.

The official 4-H Club uniform for girls is a green broadcloth dress, with white accessories—shoes, hat, purse, and belt. The style of the dress varies from year to year to keep abreast with changing fashions.

The 4-H Achievement Pin

The national 4-H achievement pin is very generally used as an award of recognition to members who finish the year's work.

Suggested Prayer for 4-H Leaders

"Lord, let me learn the joy of simple deeds,
The kind that fit into a comrade's needs;
A handclasp that will lend encouragement,
A smile—upon a cheering mission sent.
Let me not be too busy, nor too blind,
To see when others need me to be kind."

—Ramona Ross Keller.

4-H CLUB WORK

*To help lift the burden
Point the better way,
Give vision to toil
And the hope of a better day.
To teach the larger life,
Encourage a soul
To still greater tasks
A still higher goal.
To look beyond the plow.
Teach a man's full part
In community and town
In assembly and mart.
Club work is training
Of greatest value when
Its goal of achievement
Is the inspiration—the making—of men.*

—C. B. Smith

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